

# GREEN *your* SCENE

## ACTIVITY GUIDE



Helping out the planet is a lot easier than you may think. Join kids everywhere (including Disney's biggest stars) to become a part of **Disney's Friends for Change: Project Green.**

This Activity Guide—**Green Your Scene**—will show you how to use the power of working together to help make your school, club, home and neighborhood a greener place for everyone. It's easy to get started. Just grab your friends, make a pledge to work together, and take action to help the planet!



### Where Do You Start?

- 1** First visit **Disney.com/projectgreen** to register as a member of **Friends for Change: Project Green.** While you're there, check out ideas for actions you and your team can take to **Green Your Scene.**
- 2** Then get your friends together to form a **Friends for Change Green Your Scene** team (and make sure they register too). Because change starts with you—mobilize your crew!
- 3** Get creative and give your team a **Friends for Change** name. You can even give members their own "green" name!
- 4** Next, pick a team leader as well as where and when your team will meet (team leaders can rotate, or you can pick a teacher or parent mentor). Always be sure to get the permission of an adult.
- 5** **Now it's time to take action!**

### Green Your Scene Activities

Now that you've organized your team, what can you do to help save the planet? Take a look at some of the **Friends For Change Green Your Scene** actions on the following pages to inspire you to get started. We've even included some helpful posters to spread the word!

**Real Friends  
+ Real Action**

**Real Change**



**FRIEND POWER SAVES  
ENERGY FOR the earth.**

## WASTE

- Bottled Up**—Say no to buying disposable plastic water bottles and try reusable water bottles or drink containers instead!  
*Did you know plastic bottles can take up to 1,000 years to biodegrade in a landfill—that's a long time!*
  
- Recharge**—Create a spent battery drop-off zone. Batteries contain contaminants that can be harmful to the environment if not disposed of properly. Tossing them in the trash can hurt the planet and switching to rechargeable batteries can help. Organize special drop-off zones and decorate battery receptacles with earth-friendly messages to spread the word. Search online to see how to recycle hazardous waste in your community.  
*If 500,000 kids switch to rechargeable batteries for just one toy or game requiring four batteries, they can prevent up to two billion batteries from going to landfills!*
  
- Waste-free Lunch**—Inspect your average lunch and you'll find plastic baggies, packaging and plastic utensils that all get thrown away! Organize a waste-free lunch day to encourage packing lunches in reusable containers.  
*This simple step alone can reduce your lunch waste by 67 pounds per year!*
  
- Keep It In the Loop**—Make sure your house, school and/or community gathering places have recycling stations. Post recycling rules next to the bins so everyone knows what to toss and what to recycle.  
*If 500,000 kids each recycled one more pound of waste per day for a week, they'd reduce the amount of waste going to landfills by close to 2,000 tons (roughly the weight of 325 African Elephants)!*

## HABITAT

- Save the Most \$ Compost**—Create a composting program at your school, at home or in your community.  
*If 500,000 Friends for Change composted all their organic waste, they could reduce the amount of waste going to landfills and incinerators by almost 100,000 tons per year (that's equivalent to the weight of more than 570 blue whales—heavy stuff).*
- Tree Power**—Find a space at home, school or in your community to plant a native tree (with permission, of course). Trees offer shade and oxygen while cleaning the air of carbon dioxide. Native trees also provide habitats for local wildlife.  
*If 500,000 kids each planted a native tree, they'd help the absorption of over a billion pounds of carbon dioxide during the life of the tree!*
- The Big Clean**—Sign your team of friends up to help with a local beach, river, lake or forest clean up (with your parents' permission, of course). After the clean up you can “adopt an acre” in your own neighborhood (be it a park, open space, waterway or even a backyard) and pledge to keep it clean.  
*If 500,000 kids each cleaned up a 10-foot stretch of beach, they could clean up the entire distance from Los Angeles to Portland, Oregon.*

## CLIMATE

- Send A Signal**—Make a pledge to always turn off the lights when you leave the room and post signs to remind others. It will save money in electricity bills and it also sends a signal to electricity producers that the current electricity production is too high (and electricity is being wasted).  
*If one million kids turned off the lights in just one room in their house, they would save over 37,000 tons of carbon dioxide per year (the amount it would normally take 13,000 football fields worth of trees to absorb)!*
- Energy Saver**—Walk, skate, ride your bike, take the bus, or carpool to school instead of driving. Whether going by human power, bus or carpool, plan out a safe route with your parents and practice the trip on a weekend to see how long it takes.  
*On an average 2-mile trip to school, riding a bike every day versus driving a car can prevent nearly 790 pounds of carbon dioxide emissions in a year!*

## WATER

- Note This**—Have your team pledge to buy only 100% recycled paper notebooks. Believe it or not, it takes massive amounts of water to make new paper from trees plus saving trees helps save the environment. Just look for the recycle symbol when you're buying your next notebook to make sure it's made from 100% post-consumer waste.  
*If 500,000 kids each bought one notebook made from 100% recycled paper, over 200 million gallons of water would be saved for people and animals who really need it.*
- Water Saver**—While waiting for the water to heat up when you wash your hands at home, save the cold water in a container to use for plants or cleaning.  
*If 500,000 kids saved enough water in the house to replace 15% of the water their families use to water lawns and flowerbeds, they'd save 4.5 billion gallons in just one year!*

